



Healthy food  
I am happy to try new foods even if I'm not sure.

Healthy food  
I can use a knife and fork or open my lunchbox.

Independence  
I can recognise my name.

Independence  
I know how to put my shoes on and take them off.

Independence  
I know how to put my coat on.

Hygiene  
I know when to wash my hands.

Hygiene  
I can go to the toilet, wipe myself and flush independently

Mental Health  
I know it's ok to feel nervous about new things.

Mental health  
I know I can ask my teachers for help if I need it.

Hygiene  
I can wipe my nose.

Communication  
I can listen to a short story

Communication  
I can follow simple instructions

Sleep  
I have a good bedtime routine so I am not tired for school.



Getting ready to start at  
**NERROLS**  
PRIMARY SCHOOL

