

Nerrols Primary School Email: office@nr.huish.education Phone: 01823792655

Website: https://www.nerrolsprimary.co.uk/

Nerrols Menu Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (required)	Main meal (required)	Main Meal (required)	Main Meal (required)	Main Meal (required)
1. Sweet and Sour Chicken,	1. Pork sausage in hot dog	1. Spaghetti Bolognese (Beef	1. Gamon Ham, Roast	1. Fish, Chips, Pea's, and
Rice, and Green Beans	roll, Wedges, Cucumber sticks	Mince), Pasta, Peas,	potatoes, Carrots, Broccoli,	ketchup
(Wheat, Gluten, Soya, and	and Ketchup	Sweetcorn and Bread	and Gravy	(Gluten, Wheat, and Fish)
Pineapple)	(Gluten, Wheat, Soya and may	(Gluten, Wheat, Celery, may	V. Cauliflower Cheese, Roast	V. Meat Free Dippers, Chips,
V. Vegetable Sweet and Sour,	contain Milk and Egg)	contain Soya and Mustard)	potatoes, Carrots, Broccoli,	Peas, and ketchup
Rice and Green Beans	V. Meat Free Sausages in a	V. Meat Free mince	and Gravy	(Gluten, Wheat and may contain
(Wheat, Gluten, Soya, and	hot dog roll, Wedges	Bolognese, Pasta, Peas,	(Milk)	Milk and Mustard)
Pineapple)	Cucumber sticks and Ketchup	Sweetcorn and Bread	2. Spicy Sweetcorn Fritter,	2. Cheese Ploughman's
2. Jacket Potato and baked	(Gluten, Wheat, Soya and may	(Gluten, Wheat, Celery, Soya and	Crusty Bread, Humous and	(Salad, Cheese, Boiled Egg,
beans, side salad and Bread	contain Milk and Egg)	may contain Mustard)	Salad	Chutney, Bread)
(Wheat, Gluten, Soya)	2. Chicken Mayo Wrap packed	2. Salmon and cucumber	(Gluten, Wheat, and Sesame	(Gluten, Wheat, Milk, Eggs and
Dessert (required)	lunch	sandwich packed lunch	Seads)	may contain Sesame Seads)
A. Fruit Yoghurt and Apple	(Gluten, Wheat, Mustard, and	(Gluten, Wheat, Mustard, Fish,	Dessert (required)	Dessert (required)
Dippers	Sulphur Dioxide)	Sulphur Dioxide and may contain	A. Angel delight and	A. Cool Chocolate ice cream
(Dairy and Milk)	Dessert (required)	Soya)	mandarins	(Milk and Dairy)
B. Fruit	A. Apple and Pear crumble	Dessert (required)	(Milk)	B. Fruit
B. Hait	and cream	A. Cookies and Milk	B. Fruit	B. Franc
	(Gluten, Wheat and may contain	(Gluten, Wheat, Milk, Soya and		
	Soya)	may contain Eggs and Nuts)		
	B. Fruit	B. Fruit		



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Nerrols Menu Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (required)	Main Meal (required)	Main Meal (required)	Main Meal (required)	Main Meal (required)
1. Pork Sausage, Mash Potato and Baked beans (Gluten, Wheat, Soya and may contain Sulphur Dioxide and Milk) V. Meat Free Sausage's, Mash Potato and Baked beans (Gluten, Wheat and may contain Milk and Sulphur Dioxide) 2. Mini cheese and cucumber baguette packed lunch (Gluten, Wheat, Milk, Sulphur)	1. Tomato and Basil Pasta, Broccoli, Corn on the Cob, and Bread (Gluten, Wheat and may contain Milk, Eggs, Mustard, and Soya) V. Cauliflower Cheese, Broccoli, Corn on the Cob, and Bread (Gluten, Wheat, Milk, Dairy and Soya) 2. Salmon Fish Cake, Curried	1. Cheese and Ham French bread Pizza, Wedges and Coleslaw (Gluten, Wheat, Milk, Dairy, Mustard and may contain Sesame Seads) V. Cheese French bread Pizza, Wedges and Coleslaw (Gluten, Wheat, Milk, Dairy, Mustard and may contain Sesame Seads)	1. Roast Chicken, roast potatoes, cabbage, carrots, and gravy V. Quorn Fillet, roast potatoes, cabbage, carrots, and gravy (Gluten and Wheat) 2. Pork Sauasage and ketchup sandwich packed lunch (Gluten, Wheat, Soya, and Sulphur Dioxide)	1. Giant fish finger, chips, peas, and ketchup (Gluten, Wheat, Milk, Dairy, Mustard, and Fish) V. Vegan fishless fingers, chips, peas, and ketchup (Gluten and Wheat) 2. Jacket Potato, Cheese and Beans, Side Salad, and Bread (Wheat, Gluten, Milk, Dairy, Mustard, and Soya)
Dioxide and may contain Sesame Seads) Dessert (required) A. Fruit Yogurt and Apple	Rice, Side Salad, Chutney, and Bread (Gluten, Wheat, Mustard, Fish and Soya)	2. Stuffed Peppers, Fruity Rice, Side Salad, and Bread (Gluten, Wheat, Milk, Dairy, Soya, and Sulphur Dioxide)	A. Iced Cream and Fruit Cocktail (Milk, Dairy and Fruit Cocktail	A. Short Bread (Gluten, Wheat and may contain Soya)
dippers (Milk and Dairy) B. Fruit	Dessert (required) A. Vegetarian Jelly and Mandarins B. Fruit	A. Marble Sponge Cake (Wheat, Gluten, Eggs and may contain Soya) B. Fruit	contains Pineapple) B. Fruit	B. Fruit



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Nerrols Menu Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (required)	Main Meal (required)	Main Meal (required)	Main Meal (required)	Main Meal (required)
1. Pork Meatballs in tomato	1. Chicken and Ham mayo	1. Beef Burger in a bun, Potato	1. Chicken and Vegetable Pie,	1. Fish, chips, peas, and
and basil sauce, Rice, Green	pasta, Salad, Sweetcorn and	wedges, Cucumber sticks and	Baby New Potatoes, Carrots,	ketchup
beans, and Bread	Garlic Bread	Ketchup	Broccoli, and Gravy	(Gluten, Wheat, and Fish)
(Gluten, Wheat, Milk, Dairy, and	(Gluten, Wheat, Milk, Dairy,	(Gluten, Wheat and may contain	(Gluten, Wheat, Celery and may	V. Vegetable Enchiladas,
Soya)	Mustard, Soya and may contain	Sesame Seads)	contain Soya)	
V. Meat Free Meatballs in	Eggs and Celery)	V. Meat Free Burger in a bun,	V. Vegetable Pie, Baby New	chips, peas, and ketchup (Gluten, Wheat, Milk and Dairy)
tomato and basil sauce, Rice,	V. Tomato Pasta, Salad,	Potato wedges, Cucumber	Potatoes, Carrots, Broccoli,	(Glateri, Wildat, Wilk and Bally)
Green beans, and Bread	Sweetcorn and Garlic Bread	sticks and Ketchup	and Gravy	2. Jacket Potato filled with
(Gluten, Wheat, and Soya)	(Gluten, Wheat and may contain	(Gluten, Wheat and may contain	(Gluten, Wheat, Celery and may	Vegetable Chilli, Side salad
	Mustard, Milk, Dairy, Soya, Eggs)	Mustard and Sesame Seads)	contain Soya)	and Bread
2. Jacket Potato with Baked				(Gluten, Wheat, and Soya)
beans, side salad and bread	Toasted Cheese sandwich	Salmon salad, Crackers	2. Ham Wrap packed lunch	Dessert (required)
Dessert (required)	packed lunch	and Potato Salad	(Gluten, Wheat, and Sulphur	A. Apple Flap Jack
A. Fruit Yogurt and apple	(Gluten, Wheat, Milk, Dairy, Soya,	(Gluten, Wheat, Mustard, Fish	Dioxide)	(Gluten and Wheat)
dippers	and Sulphur Dioxide)	and may contain Milk, Dairy,	Dessert (required)	
(Milk and Dairy)	Dessert (required)	Eggs, and Sesame Seads)	A. Cookie and Milk	B. Fruit
D Equit	A. Chocolate Orange Brownie	Dessert (required)	(Gluten, Wheat, Milk, Dairy, Soya	
B. Fruit	(Gluten, Wheat, Milk, Dairy, Eggs	A. Angel Delight and	and may contain Eggs and Nuts)	
	and may contain Soya)	Mandarins	B. Fruit	
	B. Fruit	(Milk, Dairy)	D. Huit	
		B. Fruit		